



Pre-Operative Instructions for Oral Surgery

Please read carefully.

Failure to follow these instructions may result in the rescheduling of your surgery

Medications

- Take your regular prescribed medications with a small sip of water at least 2 hours before your appointment if you are undergoing sedation
 - Unless you have been specifically instructed otherwise by our office or your physician
- Do NOT stop any medications unless directed by your surgeon or physician
- If you are unsure about any medications, please call the office

Preparing for Intravenous (IV) Sedation

- You must not eat or drink anything for at least 8 hours prior to surgery unless you have been instructed otherwise

Before Surgery

- Avoid smoking at least 12 hours prior to surgery. Smoking should be avoided as much as possible
- Avoid alcohol and recreational drugs for at least 72 hours before surgery, as they can negatively affect anesthesia
- A responsible adult must accompany you to the office, remain in the office during the procedure and drive you home
- Plan to rest for the remainder of the day after surgery
- For 24 hours following IV sedation, do NOT:
 - Drive a vehicle or operate machinery
 - Make important decisions
 - Return to work or school

GLP-1 Receptor Agonists (Semaglutide and Related Medications)

- These medications must be stopped 7 days prior to the date of surgery
- Pre Surgery Diet Requirements:
 - Follow a clear liquid diet for 24 hours prior to surgery
 - Avoid heavy, fatty, or greasy meals for at least 24 hours before surgery
 - Light, easily digestible foods are recommended leading up to surgery

Patient Initials: _____

For any questions or concerns, contact our office at: 708-942-8154 Ver 10.1



Clothing / Attire

- To ensure your safety, multiple monitors will be connected to you during your procedure. Please wear comfortable, loose-fitting clothing such as a short sleeve shirt or T-shirt, to allow proper placement of the monitors

Nail Polish / Jewelry

- Please remove all jewelry and nail polish prior to surgery
 - Nail polish interferes with monitoring which is critical to your safety
- Do not wear lipstick, heavy makeup, or acrylic nails

Contact Lenses

- Avoid wearing contact lenses to your appointment if you are having surgery with sedation

Additional Information

- If you are unable to keep your scheduled surgery appointment, please provide at least 48 hours notice for cancelation
- If you develop an illness such as a cold, sore throat, stomach virus, or bowel upset, please notify our office as soon as possible
- If you are pregnant or think you may be pregnant, notify our office immediately
- If there are any changes to your medical history between the time of your consultation and the date of surgery, notify our office immediately
- For Women:
 - Antibiotics may interfere with the effectiveness of birth control pills

Patient signature: _____

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